

SPORTS



Pre Session Prep

Before the session both parties should pick their favorite sport or one, they would like to play with a video of an important/historical moment during a game of the relevant sport. During the session they can both exchange options on what each other think.

Also talk about:

- Descriptions of the game, its rules.
- Why each party picked the sport.
- Why they think the video they showed embodied an important moment in the sport.

During the discussion

- Do you like sport?
- Do you often watch sport on TV?
- Did you often play sport as a child?
- What's the most popular sport in your country?
- How do people in your country keep fit?
- What do you do to keep fit?
- What sports do you like to play?



- Describe a sports person you admire
- Talk about a national sport or game in your country.
- What are the benefits of playing a sport?



- Do you think the types of sport that are popular will change in the future?
- How can sports bring people from different countries close together?
- Why do you think sport is important?
- Do you think famous sportspeople are good role models for children?
- How can parents encourage their children to do more sports?
- Is there a sport that's more popular with girls than with boys?
- What important values can be gained from playing a sport?



ACTIVITIES

1. Test each other's general knowledge on sports. Quiz [here](#).
2. Make up a new sport. Ask volunteer to:
 - Name the new sport
 - Describe how it is played
 - Make up rules for the sport
 - What equipment to be used (balls, bats, nets etc.)
 - What the time limit would

